



# ARIZONA DEPARTMENT of CHILD SAFETY

December 14, 2020

## HFAz Services Benefit Families in Many Ways:

- Services are built on the family's strengths and protective factors to help them build capacity to meet the social, emotional, physical, and developmental needs of their child.
- Developmental screenings are conducted throughout service delivery to ensure children are reaching developmental milestones. Resources and education for any suspected delays are provided by the home visitor.
- Evidenced-informed curriculum is used with families to promote positive parent-child relationships and healthy child development.

## Healthy Families Arizona

### Description of Service

Healthy Families Arizona (HFAz) is a voluntary home visitation program that serves expectant women and parents of newborns. Program services are designed to strengthen families during the first five years of a child's life, when vital early brain development occurs. Intensity of services is based on each family's needs, beginning weekly and moving gradually to quarterly home visits, as families become more self-sufficient. DCS contracts with community providers who implement the program in their local communities.

Services include child development education, parenting skills training, nutrition and preventative health care education, developmental and health assessments, and referrals to community resources for such items as immunizations and school readiness programs.

### Eligibility

Pregnant women and parents of newborns under three months of age who face challenges that might be an obstacle to successful parenting are eligible for services, with or without DCS involvement.

### Service Referral Process

To initiate services, advise and assist the parent to contact the HFAz provider serving the area where the family resides. Other eligibility criteria are:

<b>Cochise County</b> Child & Family Resources (520) 458-7348	<b>Coconino County</b> Coconino County Health Flagstaff (928) 679-7216	<b>Pima County</b> Child & Family Resources (520) 321-3754
<b>Graham/Greenlee Counties</b> Child & Family Resources (928) 428-7231	<b>Maricopa County</b> Southwest Human Development Program Info and Referrals: (602) 427-4725  Associate Director Elvia Zaragoza (602) 427-4682	<b>Yavapai County</b> Prescott: Yavapai Regional Medical Center (928) 771-5651  Verde Valley: Verde Valley Medical Center (928) 639-6566
<b>Pinal/Gila Counties</b> Child & Family Resources (520) 518-5292	<b>Santa Cruz County</b> Child & Family Resources (520) 281-9303	<b>Mohave County</b> Child & Family Resources (928) 753-4410
<b>Yuma County</b> Child & Family Resources (928) 783-4003	<b>Navajo/Apache Counties</b> Northland Therapy Svcs. (928) 205-2091	

**Enrollment Process and Service Delivery:**

- Parents referred to the HFAz program undergo a two-part screening process that includes:
  - ▶ An initial 13 true/false questionnaire about family stressors – If the screening questionnaire is determined to be positive, the next step is an in-depth family assessment (a.k.a. Parent Survey).
  - ▶ The Parent Survey, which consists of a detailed interview with the family where ten different subject areas are discussed – If either parent scores 25 or more on the Parent Survey, the family is offered HFAz services.
- Upon enrollment, home visits occur weekly for at least six months to provide supports and education for the family.
- During each home visit, the HFAz provider promotes positive parent-child interactions, attachment, bonding, child development, parenting skills, and health and safety practices with the family.
- Referrals to community resources are provided to the family to address the following needs: medical providers for preventative healthcare, financial support, food, housing assistance, school readiness, childcare, job training, family support, substance abuse and/or mental health treatment programs, and domestic violence.